

## **MEDIA RELEASE**

**For more information, contact:**

Joseph P. Depa III  
Public Relations Manager  
JC Thomas Marketing Communications, Inc.  
704-377-9660 x 11  
joseph@jcthomas.com

### **131 Main Receives Four Accolades from *Charlotte Magazine* Salads Named “Best of the Best”**

**FOR IMMEDIATE RELEASE**

**CHARLOTTE, N.C.—Apr. 21, 2010**—*Charlotte Magazine* has named the salads offered at 131 Main Restaurants the “Best of the Best.”

In addition to having the best salads, 131 Main also took home the following accolades from the magazine’s online reader picks—Best Overall Restaurant, Best Restaurant in Dilworth (1315 East Blvd.) and Best Restaurant in Ballantyne (Blakeney, 9886 Rea Rd.).

“Our menu has a variety of salads that will satisfy a wide range of tastes, and *Charlotte Magazine*’s ‘Best of the Best’ list will certainly boost the notoriety and popularity of 131 Main’s offerings,” said Joe Douglas, CEO of Captiva Restaurant Group, which owns and operates 131 Main. “We want to thank the magazine and its readers because we take great pride in the quality fresh food we serve our customers and are thrilled for this recognition.”

Currently, the salads on 131 Main’s menu are:

- **Ahi Tuna Salad**—mixed greens, mango and avocado with ginger vinaigrette
- **Thai Style Steak Salad**—Asian noodles, cabbage, mint, avocado and mango
- **Cobb Salad**—mixed greens, grilled chicken and avocado with blue cheese vinaigrette
- **Crab Cake Salad**—on mixed greens with Pommerey mustard sauce (voted one of the “Top Three Salads in Charlotte!” by *Where Charlotte Magazine*)
- **The Wedge with Vine Ripe Tomatoes**—with chopped bacon and blue cheese crumbles
- **Main or Caesar Salad**

In the article which appears in the May 2010 issue, *Charlotte Magazine* wrote, “A lightly pan-fried Maryland-style lump crab cake coupled with a slightly sweet herb vinaigrette and fresh corn, served atop a bed of fresh mixed greens. Sound like heaven? Well, it is. And so is the Thai-style steak salad’s sweet-and-savory merging of grilled steak, Asian noodles, mint, cabbage, and avocado in a tangy vinaigrette. And the seared tuna salad boasting mixed greens, mango, avocado, and a touch of ginger, there are more delicious salads at 131 Main. But we’ll let you use your imagination.”

**To view the complete “Best of the Best” list and Online Reader Picks, please visit [www.charlottemagazine.com/Charlotte-Magazine/May-2010/Best-of-the-Best/](http://www.charlottemagazine.com/Charlotte-Magazine/May-2010/Best-of-the-Best/).**

131 Main locations in the Charlotte area are:

- Blakeney, 9886 Rea Rd., Charlotte, (704) 544-0131

- Dilworth, 1315 East Blvd, Charlotte, (704) 343-0131
- Lake Norman, 17830 N. Statesville Rd., Cornelius, (704) 896-0131

**About 131 Main Restaurants**

131 Main is an upscale casual dining restaurant serving updated American classics with an emphasis on fresh food. Its relaxed ambience, reasonably priced menu and extensive award-winning wine list have made 131 Main the ideal place for a business lunch, a quiet evening out, drinks with friends, or dinner with the family. 131 Main has four locations—Cornelius (Lake Norman), Charlotte (Blakeney and Dilworth), and Asheville. Captiva Restaurant Group, located in Cornelius, founded, owns and operates 131 Main. **For more information, visit [www.131-main.com](http://www.131-main.com).**

**--END--**